

# The 2019 Trauma-Responsive Care Conference for Mental Health Professionals

*Taking Trauma Informed Care One Step Further*



**October 24-25, 2019**  
**Holiday Inn Metairie, LA**

Childhood trauma can effect an individual at any stage of life, even mid to late adulthood and traumatic events occur to people of all ages. The science and information we have about effective treatment and trauma's effects on the development of the brain and body is rapidly increasing. Join us for two days of learning aimed at providing you with new tools, interventions, information and science to support your work with those who have experienced trauma.

## CHOOSE FROM 12 WORKSHOPS

Ethics of Trauma Responsive Care  
Assessment and Diagnosis  
The Neuroscience of Trauma  
Trauma Responsive Care Across the Lifespan  
Mindfulness, Self Care & Secondary Trauma  
Trauma Treatment Tools & Interventions  
And More!

## REGISTRATION INFORMATION

Early Bird Rates (through 10/18/19)

1+ workshops: \$60 each

3+ workshops: \$50 each

Week of Conference Rates

All workshops: \$75 each

Each workshop offers 3 hours of continuing education to Louisiana Social Workers and Counselors



## REGISTRATION & INFORMATION

Read More & Register online at: [www.guidance-center.com/ceworkshops](http://www.guidance-center.com/ceworkshops)  
Questions/Registration: Call The Guidance Center at 504-278-4006

Hosted by The Guidance Center | [www.guidance-center.com](http://www.guidance-center.com)

# The 2019 Trauma-Responsive Care Conference Program Overview

October 24-25, 2019 | 8:30am-7:45pm each day  
Holiday Inn, 2261 N Causeway Blvd, Metairie, LA

Our conference empowers professionals in becoming trauma-responsive mental health providers, a step beyond being trauma-informed. Trauma-responsive providers are not only aware of trauma and its effects on a person's development, life, and functioning, they have understanding of the neuroscience and developmental factors at play. They have insight and experience with a variety of interventions and approaches, as well as a respect for the ethical factors and other considerations that need to be adhered to throughout the treatment process. They are mindful of and responsive to trauma's impact on self, knowing how to recognize and effectively address the effects of compassion fatigue and secondary trauma.

## Workshop Options for Thursday, October 24

Session 1A Trauma and the Body: An Introduction to Sensorimotor Psychotherapy

Session 1B Rapid Trauma Relief using the Tools of Neuro-linguistic Programming

Session 2A Understanding Trauma through a Trauma Lens

Session 2B Long Term Trauma and Grief Resolution with Neuro-linguistic Programming

Session 3A Addressing Indirect Trauma: Ethics for Organizational Health

Session 3B TBD

\* Session 1: 8:30am-11:45am    Session 2: 12:30pm-3:45pm    Session 3: 4:30pm-7:45pm\*

## Workshop Options for Friday, October 25

Session 1A Mindfulness and Trauma

Session 1B Assessing and Diagnosing Trauma

Session 2A Beyond Self Care: Organizational & Individual Wellness in Trauma Informed Organizations

Session 2B Use of Medication Management for Trauma

Session 3A The Deeper the Water, The Uglier the Fish (Real Talk about Trauma)

Session 3B Using Mindfulness & Yoga as a Trauma Informed Approach across a Lifespan

\* Session 1: 8:30am-11:45am    Session 2: 12:30pm-3:45pm    Session 3: 4:30pm-7:45pm\*

RATES STARTS @ \$50/workshop (including CE Credit)

ONLINE: [www.guidance-center.com/ceworkshops](http://www.guidance-center.com/ceworkshops)

PHONE: Call The Guidance Center at 504-278-4006

**REGISTER  
NOW**